

**Course Titles: BTEC Tech Award in Sport**

**Awarding Body: Pearson**

**Further information available from: Mr Barter**

This qualification will focus on developing sport-specific applied knowledge and practical skills through realistic vocational contexts. It will form part of a Key Stage 4 learning programme that enables both academic and vocational progression. The course prepares students for further study within the sports sector through progression on to qualifications such as the Edexcel Level 3 BTEC Nationals in Sport and Sport & Exercise Sciences, and A Level PE. There is however no limit to progression options as the skills acquired are applicable to a range of post-16 study options.

**Learners will have the opportunity to develop knowledge and skills in the following areas:**

- Investigating provisions for sport including equipment and facilities to enhance sport.
- Planning and delivery of sport drills and sessions.
- Fitness for sport including fitness testing and methodology.

**The Qualification is made up of three Components.**

### **Component 1: Preparing Participants to Take Part in Sport and Physical Activity**

This component is assessed internally by coursework assignments marked by the centre and externally verified by Edexcel. 30% of total course mark. In this component you will:

- Explore types and provision of sport and physical activity for different types of participant.
- Examine equipment and technology required for participants to use when taking part in sport and physical activity.
- Be able to prepare participants to take part in sport and physical activity. This will require you to complete a **video recorded assessment of you leading a group of peers in a warm-up.**

### **Component 2: Taking Part and Improving Other Participants Sporting Performance**

This component is assessed internally by coursework assignments marked by the centre and externally verified by Edexcel. 30% of total course mark. In this component you will:

- Understand how different components of fitness are used in different activities.
- Be able to participate in sport and understand the roles and responsibilities of officials.
- Demonstrate ways to improve participants sporting techniques. This will require you to complete a **video assessment of you performing a chosen sport and leading a coaching session to a group of performers.**

### **Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity**

This component is assessed by a 1.5 hour written exam worth 60 marks externally marked 40% of total course mark. In this component you will learn how to:

- Demonstrate knowledge and understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.
- Apply an understanding of facts, components of fitness, fitness tests, training methods/ processes/principles in relation to improving fitness in sport and exercise.
- Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.