

Course Titles: CORE Physical Education

Awarding Body: Non-Exam

Further information available from: Mr Barter

The Physical Education programme in Key Stage 4 is designed to further develop students' physical skills, thinking skills, and healthy habits through the medium of sport and activity.

During the two years of Key Stage 4 students will be given the opportunity to study activities in greater depth, taking ownership of their curriculum by personalising their programme of study to meet their needs and ambitions.

In years 10 and 11 we introduce a number of new activities. This enables students to find an activity that they could pursue when they leave school. Over the two years they will study activities in depth demonstrating an ability to participate at a high level and also to plan, coach and evaluate other's performance effectively.

Activities included in the programme are revised each year but typically include:-

Badminton, Netball; Basketball; Hockey; Fitness training; Aerobics & Step Aerobics; Football; Dance; Table Tennis; Tennis; Swimming; Athletics; Cricket; Rounders and Dodgeball.

The Physical Education Department continues to place high importance on competitive sports both within and outside the school curriculum.