

Curriculum Intent Statement for Physical Education.

At Chase Terrace Academy we aspire for all of our students to achieve greater things than they ever thought possible.

The Chase Terrace Academy physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities in school and importantly the wider community build character and help to embed values such as fairness and respect. The curriculum also provides for the ongoing study of examination level sport throughout the school and prepares students as they go out into the community.

Curriculum Implementation Plan

Physical Education						
	Term 1.1 Covid adapted	Term 1.2 Covid adapted	Term 2.1 Will be reviewed	Term 2.2 Will be reviewed	Term 3.1 Will be reviewed	Term 3.2 Will be reviewed
Year 7	Rotate Athletics, Orienteering, Striking & fielding, Fitness & Health, Ball Skills		Boys: Rotate Football, Basketball, Rugby, Swimming Girls: Rotate Hockey, Netball, Football, Swimming		Boys: Rotate Athletics, Tennis, Striking/F Girls: Rotate Athletics, Rounders	
Year 8	Rotate Athletics, Tennis, Striking & fielding, Fitness & Health, Ball Skills		Boys: Rotate Football, Basketball, Rugby, Swimming Girls: Rotate Basketball, Netball, Dance, Swimming		Boys: Rotate Athletics, Tennis, Striking/F Girls: Rotate Athletics, Rounders	
Year 9	Rotate Athletics, Tennis, Striking & fielding, Fitness & Health, Ball Skills		Boys: Rotate Football, Basketball, Rugby, Swimming, Girls: Rotate Basketball, Netball, Dance, MRG,		Boys: Rotate Athletics, Tennis, Striking/F Girls: Rotate Athletics, Rounders/Tennis	
	Options program: Mixed Gender and Single sex groups.		Options program: Mixed Gender and Single sex groups.		Options Program: Mixed Gender groups	



Year 10	Activities to include Rnds, S`Ball, Tennis, Badminton, Dance, volleyball, Fitness, Table tennis		Activities to include Badminton, Football, Health & Fitness , Swimming, Basketball, Tabletennis, Handball, Dance, Netball, Hockey		Tabletennis, Rounders, Softball, Cricket, Athletics, Tennis, Health & Fitness .	
Year 10 BTEC	<u>Induction</u> <u>Unit 3: As1</u> -Developing a Personal Training Programme	<u>Unit 3: As2</u> - Implementing a Personal Training Programme <u>Unit 3: As3</u> -Reviewing a Personal Training Programme	<u>Unit 3: As 3</u> -Reviewing a Personal Training Programme <u>Unit 1: Learning Aim A</u> – Fitness components and training principles	<u>Unit 1: Learning Aim B</u> – Training Methods	<u>Unit 1: Learning Aim C</u> – Fitness testing	<u>Unit 2: As1</u> – Rules, Regulations and Scoring Systems for Sports
Year 11	Options program: Mixed Gender and Single sex groups. Activities to include Rnds, S`Ball, Tennis, Badminton, Dance, volleyball, Fitness, Table tennis		Options program: Mixed Gender and Single sex groups. Activities to include Badminton, Football, Fitness, Swimming, Basketball, Tabletennis, Handball, Dance, Netball, Hockey		Options Program: Mixed Gender groups Tabletennis, Rounders, Softball, Cricket, Athletics, Tennis, Fitness.	
Year 11 BTEC	<u>Unit 2: As1</u> – Rules, Regulations and Scoring Systems for Sports <u>Unit 5: As1</u> – The Effects of Exercise on the Body	<u>Unit 2: As2</u> – Skills, Techniques and Tactics for Sport <u>Unit 5: As1</u> – The Effects of Exercise on the Body	<u>Unit 2: As2</u> – Skills, Techniques and Tactics for Sport <u>Unit 5: As 2</u> – Energy for Exercise	<u>Unit 2: As3</u> - Reviewing Sports Performance <u>Unit 5: As 2</u> - Energy for Exercise	<u>Unit 2: As 3</u> - Reviewing Sports Performance	