

Alliance in Partnership is at the forefront of promoting a healthy lifestyle. We believe that nutritious, healthy meals designed by students and teachers, with help from our staff of experts, enhance the curriculum and help children learn. Your menu offers a choice of fresh, healthy cooked food which meets the Government food based standards and has been nutritionally analysed to create balanced, healthy meals. Your menus retain the Food for Life served here award and are freshly prepared using the finest, fresh and local ingredients:

- Red Tractor, Farm Assured British Meat from local butchers
- All fish products carry the MSC logo
- No undesirable additives and hydrogenated fats
- A variety of locally sourced fruit, vegetables and Fair Trade bananas served fresh daily. If you would like more information please visit our website.
- Creative Meat Free Mondays are used each month to promote sustainable living
- Whole grains and fruits used in all baked desserts
- All sauces enriched with vegetables to help increase the daily vegetable uptake
- Limits on added salt and sugar used in cooking and baking

### **Food Allergies and Intolerances**

If your child has been advised by their GP or Health Care Professional to follow a special diet, please complete our Special Diet Information Form available from your school.

All allergen information relating to this menu is available on request.

### **Free School Meals**

If your child does not currently have a delicious healthy school meal what a great time to start! If you are in receipt of certain benefits your child may be eligible for a free school meal.

### **Our Mission Statement**

Deliver more than expected.  
Care more than expected.  
Quite simply we do not want to be just good we aim to deliver the best.



# **AUTUMN/WINTER 2021/22**

Alliance in Partnership Ltd  
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**WEEK 1 - 1st Nov, 22nd Nov, 13th Dec, 3rd Jan, 24th Jan, 14th Feb, 7th Mar, 28th Mar**

Monday	Tuesday	Wednesday	Thursday	Friday
Carbonara Pizza	Chicken Rogan Josh with Rice and Naan	Roast of the Day with Roast Potatoes and Gravy	Beef Meatballs with Pasta	Fish and Chips
Roasted Squash and Aubergine Jalfrezi (v)	Chinese Vegetable Noodles with Edamame (v)	Vegan Quorn Fillet with Roast Potatoes and Gravy (v)	Lasagne Verdi (v)	BBQ Vegan Meatballs with Chips (v)
<b>Guest Bar</b> Veggie Quesadilla	<b>Guest Bar</b> Onion Bhaji with Jacket Wedges	<b>Guest Bar</b> Mac and Cheese Pot	<b>Guest Bar</b> Loaded Chicken Naan	<b>Guest Bar</b> Fishless Finger Wrap with Chips
<b>Pasta and Jacket Potato Bar</b> A Selection of Homemade Pasta and Jacket Potato Toppers available daily				
Green Beans Sweetcorn	Mixed Vegetables	Carrots Cabbage	Broccoli Italian Salad	Baked Beans Peas
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

**WEEK 3 - 15th Nov, 6th Dec, 27th Dec, 17th Jan, 7th Feb, 28th Feb, 21st Mar**

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Feast Pizza	BBQ Chicken with Jacket Wedges and BBQ Beans	Roast of the Day with Roast Potatoes and Gravy	Chicken Jalfrezi with Rice and Naan	Fish and Chips
Mediterranean Pitta Nachos (v)	Chickpea and Sweet Potato Curry with Rice and Naan (v)	Quorn Fillet with Roast Potatoes and Gravy (v)	Singapore Noodles (v)	Vegan Hot Dog with Chips (v)
<b>Guest Bar</b> Vegetable Calzone	<b>Guest Bar</b> Korean BBQ Chicken Wings	<b>Guest Bar</b> Sausage Roll with Wedges	<b>Guest Bar</b> Lasagne Pot	<b>Guest Bar</b> Veggie Nuggets and Chips Pot
<b>Pasta and Jacket Potato Bar</b> A Selection of Homemade Pasta and Jacket Potato Toppers available daily				
Green Salad Sweetcorn	Coleslaw Green Beans	Carrots Cabbage	Mixed Vegetables	Baked Beans Peas
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

**WEEK 2 - 8th Nov, 29th Nov, 20th Dec, 10th Jan, 31st Jan, 21st Feb, 14th Mar, 4th Apr**

Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Hot Pizza (v)	Pork Sausage and Mash	Roast of the Day with Roast Potatoes and Gravy	Chicken Katsu Curry with Rice	Fish and Chips
Chana Masala with Rice (v)	Vegan Sausage and Mash (v)	Vegetable Roulade with Roast Potatoes and Gravy (v)	Falafel and Sweet Potato Hummus with Flatbread (v)	Vegan Burger with Chips (v)
<b>Guest Bar</b> Soft Chicken Taquitos	<b>Guest Bar</b> Veggie Spring Roll with Noodles	<b>Guest Bar</b> Halloumi Burger and Chips	<b>Guest Bar</b> Chicken Bao Buns	<b>Guest Bar</b> Loaded Wedges
<b>Pasta and Jacket Potato Bar</b> A Selection of Homemade Pasta and Jacket Potato Toppers available daily				
Coleslaw Green Beans	Broccoli Cauliflower	Carrots Parsnips	Mixed Vegetables	Baked Beans Peas
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

**Available daily: Vegetarian option, jacket potatoes with various fillings, a full deli range, a selection of dessert pots, fresh fruit compilations, assorted tray bakes. Allergy information available on request from the kitchen.**

