

Regulation of Heart Rate (CCC in Medulla Oblongata)

Sympathetic System

Parasympathetic System

Short Term Response (single exercise session)

Long Term Adaptations

| Neural Control | 1. Neurol pinary factor 2. Nermonal lactor Neur regulation Wa cardia colongia a medidia colongia Sprepathics: mervicus tystem Li extr |
|-------------------|--|
| Intrinsic Control | Hormonal Control |
| Definitions of: | |
| HR | |
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