

Uniform and Appearance Policy

APPROVAL and REVIEW

Review date: **January 2024**

Approval needed by: **CTA Governing Body**

Adopted: **February 2024**

Next Review date: **January 2025**

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Uniform at Chase Terrace Academy has been designed by Governors, staff, students and parents to ensure a smart outward appearance and with affordability and equality in mind. Chase Terrace Academy believes in upholding standards and expects all students to comply with the dress code.

The school has published a detailed list of what is acceptable uniform, all of which is readily available from our uniform suppliers. Uniform bought from these suppliers will comply with our uniform requirements, uniform bought elsewhere may not do. Whilst we have enabled parents to buy uniform from any outlets, please ensure that if you are purchasing from wider shops, that the styles are in line with our guidelines. If you are in **any doubt please contact us** and we will support you.

Families are asked to consult this list before buying any uniform for their child. Please do not be persuaded by your child as to what is uniform and what is not. Family support with uniform is essential.

As a school Chase Terrace Academy is determined to maintain a positive learning environment at all times. Challenges to uniform create unwanted tension which makes for an unproductive learning environment. Wearing the right uniform at all times ensures that challenges are not needed thereby ensuring a purposeful atmosphere is maintained.

Please note: CTA strives to maintain a high standard of uniform. Many of our decisions regarding uniform are made for health and safety reasons, as well as a neat and modest appearance. There should be no exceptions to the uniform policy, families should contact school directly should there be any circumstances under which they would have difficulties adhering to the school policy BEFORE buying items that do not comply with our uniform code.

Failure to attend school in the correct trousers or length skirt will result in school providing an alternative item of school uniform to wear. Students are expected to wear these if they do not comply with uniform policy. Any breach of the uniform policy will be recorded on the Student Expectation Card, appropriate uniform will then be loaned to the student until their uniform is corrected. Any student refusing to wear uniform provided by school will be placed in isolation at break and lunch until the correct item is worn.

Regular weekly uniform clothing checks will be completed by members of the Senior Leadership Team, Heads of Year and Form Tutors during tutor time in the morning and throughout the day.

Students who persistently choose to wear non-compliant clothing once the problem has previously been rectified will go into isolation until the correct uniform is worn to school, or if they refuse to wear the alternative item provided by school.

THE DECISION REGARDING WHAT IS APPROPRIATE OR ACCEPTABLE IS AT THE SCHOOL'S DISCRETION

GENERAL POINTS REGARDING DRESS AND APPEARANCE

Please note the following points which are applicable to all students:

Outdoor garments (coats, scarves, gloves etc.) must be removed within classrooms. Students may wish to leave these in their lockers throughout the day.

All non-uniform jumpers/coats/hoodies should NOT be worn inside any school building. School hoodies should only be used for the purposes of Physical Education.

Please ensure that all school clothing is clearly named.

Hairstyles

Hair should be neat with no extremes in style, cut or colour, no sharply contrasting colours and hair length should be not less than Grade 1. Designs cut into hair are also not acceptable. Hair should be tied back for practical lessons.

Jewellery

Jewellery should be kept to a minimum – a watch, ONE small pair of stud earrings (one in each ear).

Nose, tongue and eyebrow studs and other such piercings are not acceptable and students will be required to remove them. It is not an acceptable excuse for a student to ask to wear unapproved jewellery to prevent a pierced ear or nose from closing up. Covering piercings with a plaster or other items is not acceptable due to Health and Safety.

Please note: Excessive jewellery will be confiscated and returned to the student at the end of the school day.

No plugs, tapers and stretchers are permitted and students will be told to remove these should they arrive with them in school.

Make up

Make-up is discouraged and if worn at all, should be barely visible. False eyelashes are not acceptable.

Please note: students wearing excessive make-up will be asked to remove it immediately and be provided with make-up remover to do this by the year office.

Nails

Nail varnish must look natural. Coloured nail varnish is not acceptable and all nail varnish must be removed for practical lessons for Health and Safety regulations – False nails are not permitted.

Please note: students wearing coloured nail varnish will be asked to remove it immediately and provided with nail varnish remover to do this by the year office.

Please note: Students wearing false nails that cannot be removed at school will be issued with a '24hr uniform infringement' notification. Students will be expected to remove the false nails for the following school day. Failure to act upon this notification will result in the student being placed in isolation until the matter is resolved and false nails are removed.

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UNIFORM DETAILS

For all students, school dress is as follows:-

- Navy Blazer with school logo embroidered on the pocket. Badges can be purchased from our uniform suppliers should you wish to purchase a navy blazer from other outlets.
- A Stitch Down Pleated Skirt – Code: GST8733830 by Trutex GPB-HGY in length 20 or 22
- Trousers - Trutex GTN-GRA-R-30 in Harrow Grey or Graphite Grey. Trousers should not be worn as cropped style or above the ankle. There is no requirement to have the school logo embroidered on. Plain traditional school trousers from other suppliers should be mid grey in colour and tailored, **not skinny or ponte style**. Skinny trousers, leggings or jeans are **not** permitted.
- Light blue short or long sleeved shirt
- Navy/Twin Blue Stripe clip-on tie – code: DS102 or House colour tie (Red – Brocket; Yellow – Elk; Blue – Fallow).
- Navy knitted v-neck jumper (optional). Jumpers can be worn with a blazer, but not in place of a blazer.
- Plain black, navy or grey coloured tights (as required, and with a skirt)
- Short or three-quarter length below the knee socks, plain black, grey or white
- Shoes – black flat shoes – leather, robust shoes are preferred.
(Boots, trainers, high heels, canvas shoes or pumps are NOT ALLOWED – shoes must not have logos or writing on them)

PE uniform

The following uniform has been developed in consultation with students and is regularly reviewed and communicated to students to ensure appropriateness and clarity. It is also clearly displayed on the school website under the uniform tab. Students should bring the following kit on days they have PE:

Physical Education Clothing for Boys:

- Rugby Shirt: Reversible Royal blue and black (school branded)
- Polo Shirt: Royal blue and black (school branded)
- Shorts: Black (school branded or other)
- Football socks: Royal blue (school branded or other). In KS4 (Years 10 & 11) option to wear white socks unless on Football
- Training shoes: (MUST NOT be the footwear worn as part of school uniform)
- Studded or moulded bottom footwear for Football and Rugby
- Gum shields: compulsory for Rugby and Hockey
- Shin pads: compulsory for Football

Optional items worn with permission of class teacher:

- Track suit bottoms: Dark Blue or Black (plain, small logo acceptable) can be worn over shorts as a thermal layer at teachers' discretion

- Navy blue hoodie: school branded (name on the back optional) can be worn over Rugby shirt and/or Polo shirt as a thermal layer at teachers' discretion

Physical Education Clothing for Girls:

- Sky blue sports shirt with white piping (school branded)
- Navy Blue shorts (school branded or other) **or** skorts (school branded only) – not mandatory for KS4 girls, black sports leggings can be worn
- Navy blue hoodie with school logo, (school branded)
- Training shoes
- Royal blue Football socks. In KS4 (Years 10 & 11) optional white socks
- Gum shields: compulsory for Hockey
- Shin pads: compulsory for Football and Hockey

Optional item worn with permission of class teacher:

- Black cotton leggings (school branded or other) that can be worn under shorts or skort as a thermal layer.

Health and Safety

- Jewellery must not be worn during PE lessons, this is a risk to students themselves, and others.
- All long hair must be tied back for both boys and girls, long fringes must be secured away from the face using clips or a sports headband.
- Protective equipment is compulsory when performing contact sports such as Rugby, Football and Hockey
- Suitable Athletic shoes which offer the correct support are required for all PE lessons. It is important to wear the correct footwear when taking part in any type of physical activity. Incorrect footwear can lead to injuries such as heel pain, shin splints, shin pain, back pain, sore calf muscles and ankle sprains. By wearing the correct footwear, injuries are less likely. Students must also not wear the shoes that they are wearing as part of their school uniform.

Swimming

- All KS3 students will have swimming lessons, it is optional at KS4.
- Students need an appropriate swimming costume (one piece) and towel for each lesson.
- Swim hats, goggles and nose clips are optional extra equipment.
- Verruca socks are not permitted, those with Verruca's should bring their indoor PE kit to coach from pool side along with suitable indoor footwear.
- If unable to participate then learners should bring their indoor PE kit to coach

Unable to Participate in PE Lessons due to Illness or Medical Issues

- If your child is not able to participate in a PE lesson for any reason, they must **bring a note** to explain why they cannot take part.

- **Students will still be expected to change into school PE kit** with extra optional clothing (tracksuit or black leggings under shorts/skorts for girls).
- Although they are not engaging in the physical activity they will still take part in the lesson by working to develop their officiating, coaching and leadership skills.

Personal Protective Equipment Guidelines

- **Personal Protective Equipment** Required for Rugby, Football and Hockey
- Shin pads worn under royal blue football socks – **required for Football and Hockey**
- Mouth guards/Gum Shields When it comes to protecting your mouth, a mouth guard is an essential piece of equipment, which helps to minimize the risk of broken teeth and injuries to your lips, tongue, face and jaw. They typically cover the upper teeth and are a great way to protect the soft tissues of your tongue, lips and cheek lining – **required for Rugby and Hockey**
- We recommend looking at the Physical Education Curriculum Activity Rotation Plan (which can be found on the school website and is displayed in the Sports Hall and Gym) to find out when you will need your mouth guard/shin pads and plan accordingly.
- There are different types of mouth guards: Custom-fitted: These are custom made by your dentist. They are more expensive and need to be ordered well in advance as they take several weeks to make.
- Boil and bite: These mouth protectors can be purchased at many sporting goods stores, Uniform Plus or from the PE Department. They are softened in boiled water, then inserted into the mouth and allowed to adapt to the shape of your mouth. This process can be done as many times as you need.
- A mouth guard is especially important for people who wear braces. A blow to the face could damage the brackets or other fixed orthodontic appliances. A mouth guard also provides a barrier between the braces and your cheek or lips, limiting the risk of soft tissue injuries. If you have a fixed brace, it is important to remoulding your mouth guard regularly as your teeth are moving position.
- If you have a retainer or other removable appliance, do not wear it during any contact sports.

Valuables

The PE Dept cannot guarantee the security of the changing rooms. Students will enter and leave the changing rooms unsupervised for a number of reasons having forgotten equipment, go to the toilet, or collect a water bottle.

Students are strongly advised not to bring any items of high value into school. Any items that are brought into school of value that are a cause for a concern should be left in the students locker during the lesson or if unable to do this then left in Head of Year office prior to lesson.

We have 2 main uniform suppliers:

<p>Uniforms Plus Unit 6, Burntwood Town Shopping Centre, Cannock Rd, Burntwood WS7 1JR Tel 01543 677068</p> <p>Email: www.uniformsplus.co.uk</p>	<p>A & J Designs (Staffs) Ltd Unit 2, The Innovation Centre, Pool Road, Brownhills, Staffs WS8 7NL Tel/Fax 01543 360055 Mobile. 07890 387533 www.a4jdesigns.co.uk Email a5jdesigns@aol.com The code for use when purchasing online is: code AJ684</p>
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EXAMPLES OF ACCEPTABLE AND UNACCEPTABLE SCHOOL UNIFORM

Examples of **ACCEPTABLE** uniform:



House Ties



Examples of **ACCEPTABLE** shoes: 



Examples of **UNACCEPTABLE** shoes: 

