KS4 examination Curriculum Implementation Plan

BTEC Level 1 / 2 Tech Award (new for Sept 2022)

Three components completed over two years. Students receive practical and theory based lessons to meet the learning outcomes and prepare students for the internal and external assessments.

		Physical Education:	BTEC Sport Level 2 Te	ch Award for 2024-2	026 cohort	
	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Year 10	Component 1: LOA Explore types and provision of sport for different participants: Discussion and worksheets on different provisions: Private, public and voluntary – specific local examples provided. Discussion and participation in a variety of different activities: team/ individual, disability.	Component 1: LOC Prepare participants for participation (warm up) Students practically lead warm ups: starting with pulse raiser and building. A variety of sport/activity specific examples provided and then as pupils knowledge of warm up planning developments they	Component 2: LOA Understand different component of fitness Developing understanding of the 11 different fitness components and their application in different sports and activities. Component 2: LOB Participate in sport and understand the roles and	Students understand the different types and roles of officials for a range of activities with an in depth look at Table tennis. Practice tasks are provided where students learn how to apply rules and regulations for a sport and gain experience of	They continue to enhance their leadership through understanding the use of demonstrations and teaching points alongside how to use space, time, sequencing and feedback to provide effective learning opportunities. Component 2: LOC Demonstrate ways to	Component 2: Assessment, moderation and submission Students complete the 4 PSA set tasks by the assessment window under controlled conditions.
	Students complete tasks to understand the different types of participants, potential barriers and strategies for participation. Component 1: LOB Examine equipment and technology for participation research into equipment and clothing	begin to lead their peers. Students understand and communicate the responses + benefits of completing all elements of a warm up. Component 1: Assessment, moderation and submission	responsibilities of officials focus on the skill and tactical elements of participation in a range of different activities.	Component 2: LOC Demonstrate ways to improve participants sporting techniques Students in both practical and theory lesson learn how skill development is acquired through the use of: drills,	Students continue to review the learning objectives for this topic by recapping fitness components, session planning and the responsibilities for officiating through case study examples:	

	developments.			practices and	Badminton, Basketball	
	Students gain an	Students complete the		conditioned games.	& Table tennis	
	awareness of the	3 PSA set tasks by the				
	evolution and	assessment window				
	safety/performance	under controlled				
	benefits of	conditions.				1
	enhancements in					
	clothing and					
	equipment					
Year 11	Component 3: LOA	1. Reasons for testing	Learn how to carry		Component 3:	
	Explore the	2. Pre-test procedures	out and use a range	Provision of training	Final revision and	
	importance of fitness	3. Validity and	of training methods	methods: Public,	examination	
	for sports	reliability	that are specific to	private, voluntary		
	performance	4. Interpreting results	the following fitness		Review and revisit the	
	Understand definitions		components	Research and	different topics with a	
	and application of	Physical fitness tests		understand the Long	clear focus on	
	components of fitness		Physical fitness	term effects of	applying knowledge to	
			training:	exercise on the body	examples and	
	Research and apply	Component 3: LOB	Continuous, Fartlek,	systems		
	Training principles: FITT	Investigate fitness	Interval, Circuit,			
	& SPORIVAR	testing	Flexibility methods,	Component 3: LOD	External examination	
		Continuing with	Free weights, Speed	Investigate fitness	<mark>for component</mark> 3	
	Learn how to use HR	learning focus from	methods	programming		
	& Intensity to plan	previous term but now				
	and track fitness	with a focus on:	Mock Exam on Topics	Understand how		
	exercises		LA & B (Part C)	Personal information		
		Skill fitness tests		affects .		
	Component 3: LOB		Component 3: LOC	programming		
	Investigate fitness	Component 3: LOC	Requirements of			
	testing	Requirements of	different training	Use Goal setting to		
	Experience and	different training	methods	provide the		
	understand a range	methods		outcomes for		
	of different fitness	Droughing of grant the same	Skill fitness training:	programme design		
	tests -focus on	Practical and theory	SAQ, plyometrics,			
	practical but	understanding of Safe	Balance activities,	Understand different		
	completing work	Session planning with	coordination tasks,	Motivation strategies		
	booklet on the:		reaction exercises.	1	1	

clear examples		
provided		

	Physical Education: BTEC Sport Level 2 Tech Award for 2023-2025 cohort							
	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2		
Year 10	Component 1: LOA Explore types and provision of sport for different participants:	Component 1: LOB Examine equipment and technology for participation	Component 1: LOC Prepare participants for participation (warm up)	Component 1: Assessment, moderation and submission	Component 2: LOB Participate in sport and understand the roles and responsibilities of officials	Component 2: LOC Demonstrate ways to improve participants sporting techniques		
	Discussion and worksheets on different provisions: Private, public and voluntary – specific local examples provided.	Students conduct independent and teacher lead research into equipment and clothing developments. Students gain an awareness of the	Students practically perform and lead warm ups in a progressive manner: starting with pulse raiser and building. A variety of	Students complete the 3 PSA set tasks by the assessment window under controlled conditions.	Both practical and theory lessons focus on the skill and tactical elements of participation in a range of different activities, primarily:	Students in both practical and theory lesson learn how skill development is acquired through the use of: drills, practices and conditioned games.		
	Discussion and participation in a variety of different activities: team/ individual, disability	evolution and safety/performance benefits of enhancements in clothing and equipment	sport/activity specific examples provided and then as pupils knowledge of warm up planning developments they	Understand different component of fitness Both theory and practical lessons focus on the	Badminton, Basketball and Table tennis Students understand the different types and roles of officials for a	They continue to enhance their leadership through understanding the use of		
	Students complete tasks to understand the different types of participants, potential barriers and strategies for participation. 2 practice tasks completed and feedback provided	Variety of examples and case studies provided with students completing tasksheets An in depth look and performance enhancing technologies such as	begin to lead their peers. Students understand and communicate the responses + benefits of completing all elements of a warm	understanding of the 11 different fitness components and their application in different sports and activities. Students participate in a variety of different tasks to	range of activities with an in depth look at Table tennis. Practice tasks are provided where students learn how to apply rules and regulations for a sport and gain experience of officiating.	demonstrations and teaching points alongside how to use space, time, sequencing and feedback to provide effective learning opportunities.		

		tracker watches and		help identify and		Students begin to
		equipment upgrades	Develop and	understand the	Mini-practice tasks	plan and lead their
		but also limitations	demonstrate	different fitness		own mini-sessions in
			leadership skills.	requirements		preparation for the
		1 practice task	1 practice task			next assessment
						1 Practice task
Year 11	Component 2: LOC	Component 3: LOA	Component 3: LOB	Component 3: LOC	Component 3:	
	Demonstrate ways to	Explore the	Investigate fitness	Requirements of	Final revision and	
	improve participants	importance of fitness	testing	different training	examination	
	sporting techniques	for sports performance		methods		
			Continuing with		Review and revisit the	
	Students continue to	Understand definitions	learning focus from	Skill fitness training:	different topics with a	
	review the learning	and application of	previous term but	SAQ, plyometrics,	clear focus on	
	objectives for this	components of fitness	now with a focus on:	Balance activities,	applying knowledge to	
	topic by recapping			coordination tasks,	examples and	
	fitness components,	Research and apply	Skill fitness tests	reaction exercises.		
	session planning and	Training principles: FITT				
	the responsibilities for	& SPORIVAR	Component 3: LOC	Provision of training	External examination	
	officiating through		Requirements of	methods: Public,	<mark>for component</mark> 3	
	case study examples:	Learn how to use HR &	different training	private, voluntary		
	Badminton,	Intensity to plan and	methods			
	Basketball & Table	track fitness exercises		Research and		
	tennis		Practical and theory	understand the Long		
		Component 3: LOB	understanding of	term effects of		
	Component 2:	Investigate fitness	Safe Session planning	exercise on the body		
	Assessment,	testing	with clear examples	systems		
	moderation and		provided			
	submission	Experience and		Component 3: LOD		
		understand a range of	Learn how to carry	Investigate fitness		
	Students complete	different fitness tests -	out and use a range	programming		
	the 4 PSA set tasks by	focus on practical but	of training methods			
	the assessment	completing work	that are specific to	Understand how		
	window under	booklet on the:	the following fitness	Personal information		
	controlled conditions.		components	affects		
		1. Reasons for testing		programming		
		2. Pre-test procedures	Physical fitness			
			training:			

	3. Validity and reliability	Continuous, Fartlek, Interval, Circuit,	Use Goal setting to provide the	
	4. Interpreting results	Flexibility methods,	outcomes for	
		Free weights, Speed	programme design	
	Physical fitness tests	methods		
			Understand different	
			Motivation strategies	