

December 2024

Dear parent/carer,

RE: PSHE (PERSONAL, SOCIAL, HEALTH, AND ECONOMIC) TOPICS BEING COVERED NEXT TERM

At Chase Terrace Academy, our staff take immense pride in fostering strong and positive connections with our pupils. These relationships are deeply rooted in our core values of Respect, Community, Tenacity, Aspiration, and a shared commitment to 'the CTA way'. Through the teaching of Personal Development, our staff have the chance to build upon these meaningful connections, offering pupils valuable learning experiences that extend beyond the subject curriculum they follow.

We aim to enrich our pupils' cultural awareness and contribute to their personal fulfilment. A crucial component of our curriculum is Personal, Social, Health, and Economic (PSHE) Education, which offers our pupils a diverse array of opportunities to explore various essential topics.

This term we have had our first successful drop-down day dedicated to PSHE and looking forward to the second day scheduled for early March, these days allow us to concentrate on areas that will enrich the pupils wider learning.

For the upcoming term, our PSHE education will be structured as follows:

Year 7: Learning journey focus – RSE: Puberty -Unwanted contact – Relationships – accepting responsibilities.

Year 8: Learning journey focus – RSE and Health Safety and Well-being: Relationships – Sexual relationships – Sexting – Contraception – Stress – Bereavement – Gambling – Smoking and Vaping.

Year 9: Learning journey focus – Health, safety, and wellbeing (mental health focus) and RSE: Mental Health – Self harm – addictions – drugs – Laws and Rights in a relationship – Contraception – Pregnancy – STI's.

Year 10: Learning journey focus – RSE and Promoting independence: Laws and rights in a relationship – Marriage – Divorce – Domestic abuse – Self-esteem – Body image – eating disorders – support.

Year 11: Learning journey focus – Promoting independence and RSE: Fake news and critical thinking – Antisocial behaviours – Racism – Pride – Same sex relationships – Forced / arranged marriages – Gender identities – Sexism and Gender prejudice – Consent.

We will be updating you regularly on PSHE subjects/topics and themes that are being covered.

Assemblies.

We at Chase Terrace believe that assemblies provide a fantastic opportunity to build a strong sense of community. They help reinforce our school's ethos and our values of respect, community, tenacity and aspiration, whilst delivering a clear message around the British Values. They help develop identity - so often the hallmark of a strong school. During the Assemblies this term we will be delivering on events that have relevance and focus to the time of year and events taking place.

Our assemblies will readdress behaviour, our values and British values whilst celebrating National events such as National storytelling week, LGBTQA+ history, apprenticeships and careers weeks, body image including eating disorders, autism and disabilities awareness and cultural and religious observance.

As with PSHE (See below) we are sensitive to all our pupils' beliefs, and I am happy to discuss the nature of assemblies with you if you feel that you wish your child not to be present at some of these.

Relationships and Sex Education (RSE)

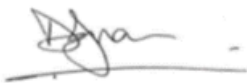
Under current guidance parents and carers have the right to withdraw their child from any or all aspects of RSE that are not included in the within the statutory national curriculum. That means that you are not permitted to withdraw your child from elements of education (with regards to the reproductive systems and biological aspects) but you may from PSHE subjects/topics/themes that you do not wish your child to participate in.

Where you elect to remove your child from any aspect, please write to me at d.inman@chaseterraceacademy.co.uk

[Department of Education guidance](#) states that whilst parents/carers can withdraw their child from Sex Education that parents and carers do not have a right to withdraw relationship education.

Where a child does not participate in these areas of study, we will provide an alternative area for them to work and provide suitable work for them to complete.

Yours sincerely



Mr D Inman
Assistant Headteacher