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17th September 2026

Dear Parent/Carer,

RE: PSHE (PERSONAL, SOCIAL, HEALTH, AND ECONOMIC) TOPICS BEING COVERED THIS TERM

At Chase Terrace Academy, our staff take immense pride in fostering strong and positive connections with our pupils. These relationships are deeply rooted in our core values of Respect, Community, Tenacity, Aspiration, and a shared commitment to 'The CTA Way'. Through the teaching of Personal Development, our staff have the chance to build upon these meaningful connections, offering pupils valuable learning experiences that extend beyond the subject curriculum they follow.

We aim to enrich our pupils' cultural awareness and contribute to their personal fulfilment. A crucial component of our curriculum is Personal, Social, Health, and Economic (PSHE) Education, which offers our pupils a diverse array of opportunities to explore various essential topics.

For the upcoming term, our PSHE education will be structured as follows:

Year 7: Learning journey focus – Promoting independence and Wider Experiences

Promoting independence to include: Feelings and emotions, friendships, building confidence and taking ownership.

Wider experiences to include: Personal identities, multicultural Britain, diversity and 'is it banter?'.

Year 8: Learning journey focus – British values and Health, safety and well-being:

British Values to include: Equality, prejudice and discrimination, gender identity and being an ally.

Health, safety and well-being to include: Sleep, stress, loss and bereavement, understanding risks – Addictions.

Year 9: Learning journey focus – RSE and Careers:

RSHE to include: Contraceptives, STI's, pregnancy and choice, pornography in society.

Careers to include: Options, money, work-life balance and creating opportunities.

Year 10: Learning journey focus – Health, safety and well-being and Careers:

Health, safety and well-being to include: Change and GCSE Pressure, power of words, mental health and the warning signs and how to cope.

Careers to include: Qualifications, apprenticeships, universities and application forms.

Year 11: Learning journey focus – Health, safety and well-being and Careers:

Health, safety and well-being to include: Immunisations, safer sex, HIV and AIDS, substance abuse and support

Careers to include: Recruitment, preparing for interviews and etiquette.

We will be updating you regularly on PSHE subjects/topics and themes that are being covered.

Assemblies

We at Chase Terrace believe that assemblies provide a fantastic opportunity to build a strong sense of community. They help reinforce our school's ethos and our values of Respect, Community, Tenacity and Aspiration, whilst delivering a clear message around the British Values. They help develop identity - so often the hallmark of a strong school. During the Assemblies this term we will be delivering on events that have relevance and focus to the time of year and events taking place.

Our assemblies will readdress behaviour, our values, the House system, European day of languages, Black history month, local community and heroes, Remembrance, Antibullying, The White ribbon pledge Mental health and other important local and national recognised issues.

As with PSHE (See below) we are sensitive to all our pupils' beliefs, and I am happy to discuss the nature of assemblies with you if you feel that you wish your child not to be present at some of these.

Relationships and Sex Education (RSE)

Under current guidance parents and carers have the right to withdraw their child from any or all aspects of RSE that are not included in the within the statutory national curriculum. That means that you are not permitted to withdraw your child from elements of education (with regards to the reproductive systems and biological aspects) but you may from PSHE subjects/topics/themes that you do not wish your child to participate in.

Where you elect to remove your child from any aspect, please write to me at d.inman@chaseterraceacademy.co.uk.

Department of Education guidance states that whilst parents/carers can withdraw their child from Sex Education that parents and carers do not have a right to withdraw relationship education.

https://assets.publishing.service.gov.uk/media/6970e7e67e827090d02d42e0/Relationships_education_relationships_and_sex_education__RSE__and_health_education__for_intro_1_September_2026_.pdf

Where a child does not participate in these areas of study, we will provide an alternative area for them to work and provide suitable work for them to complete.

Yours sincerely



Mr D Inman
Assistant Headteacher